PUBLIC PROGRAMS

- Scheduled Recreational Swims
- Adult Lap Swims
- Senior Citizen Programs
- Swimming Lessons (Tots, Preschool, Youth, Adult)
- Water Exercise Programs
- American Red Cross Safety Courses
- Specialized Water Sports Training
- Competitive Team Programs

UPCOMING EVENTS

- Apr 25-27 Dick LaFave Long Course Kickoff Swim Meet
- May 3-4 May Flowers Swimming Invitational
- May 10 Regional Remote Control Vehicles Student Champs
- -May 16-18 Sockeye Spring Open Swim Meet
- -May 24-26 Memorial Day Weekend
- May 31 WA State Special Olympics Swimming Champs
- Jun 1 Summer Sprints Swim Meet
- Jun 7-8 Pacific Coast Invitational
- Jun 14 Soroptimists International Flag Day Ceremony
- Jun 27-Jul 5 US Synchronized Swimming Age Group Nationals



Weyerhaeuser King County Aquatic Center

650 SW Campus Drive, Federal Way, Washington 98023-8425 Seattle (206) 477-4444 Toll Free 1-855-952-9970 Visit our website at www.king.county.gov/recreation/parks

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Spring Schedule April 21 - June 23, 2014Seattle (206) 477-4444
Toll Free 1-855-952-9970

Recreation Pool

| Hours | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday |
|-----------------|--------------------------|--------------------------|--------------------------|--------------------------|--------------------------|-------------------|---------------------------|
| 8:00am -9:00 | Maintenance | Adult/Senior Swim | Maintenance | Adult/Senior Swim | Maintenance | Special Events | Special Events |
| 9:00- 10:00 | Low Impact Exercise | Maintenance | Low Impact Exercise | Maintenance | Low Impact Exercise | and Activities | and Activities |
| 10:00- 11:30 | Lessons | Lessons | Lessons | Lessons | Maintenance | 11:30-1:30 | 11:30-1:30 Public Swim |
| 11:30- 12:30 | Family Swim | Family Swim | Family Swim | Family Swim | Family Swim ** | Public Swim | |
| 12:30- 1:30 | Adult/Senior Lap Swim | 1:30-Rentals | 1:30-Rentals |
| 4:30- 7:30 | Lessons | Lessons | Lessons | Lessons | 4:00-7:00 Rentals | | |
| 7:30- 8:30 | Public Swim * | | |

^{*} Children younger than 6 years old must each be supervised in the water by an adult within arm's reach at all times

SWIMMING LESSONS

Morning Sessions (1/2hr, 10:00-11:30am, MW's or TTh's)

Evening Session (1/2 hr, 4:30-7:30pm (MW's, TTh's) Monday & Wednesdays

Apr 14 - May 14 (10 lessons) *May 19 - June 18 (9 lessons) Apr 15 - May 15 (10 lessons) May 20- June 19 (10 lessons)

Tuesday & Thursday

*no class Memorial Day Monday, May 26th

CANCELED SWIMS

May 24-26 Memorial Day Weekend, May 31 Washington State Special Olympics State

TELEPHONE RELAY SERVICE: 711









^{**} During Family Swims, all children must be accompanied in the water by an adult (one adult per three children)

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Competition Natatorium

| Hours | Monday | Tuesday | Wednesday | Thursday | Friday |
|-----------------|---------------|---------------|---------------|---------------|---------------|
| 5:30am- 8:00 | Lap Swim* |
| 11:30- 1:30 | Lap Swim* |
| 4:00- 6:30 | Team Training |
| 6:30- 8:00 | Team Training |
| 8:00- 10:00 | Team Training |

To maximize use of the facility, team workouts are scheduled during lap swim times. Lanes for lap swimmers may be limited. The morning Lap Swim is currently in the 25yard diving tank that is 16-17.5 feet deep. The afternoon Lap Swim is currently in the 50 meter competition pool that is 9-10.5 feet deep. It is intended for lap swimming only. The starting blocks are closed to lap swimmers. Entry into the water must be done in a careful, feet-first manner only. Circle swimming is required in lanes with 3 or more lap swimmers. Participants may be asked to pass a 25 yard swim test to be allowed to swim in the competition pool.

| ms: | Events: | | |
|------------|-------------------------------------------------------------------------------|--|--|
| 11:30-1:30 | Dick LaFave Long Course Kickoff Swim Meet | | |
| 11:30-1:30 | May Flowers Swim Meet | | |
| 11:30-1:30 | Regional Remote Control Vehicles Student Champs | | |
| 11:30-1:30 | Sockeye Spring Open Swim Meet | | |
| All Day | Memorial Day Weekend | | |
| 11:30-1:30 | WA State Special Olympics Swimming Championships | | |
| 11:30-1:30 | Summer Sprints Swim Meet | | |
| 11:30-1:30 | Pacific Coast Swimming Invitational | | |
| All Day | US Synchronized Swimming Age Group Nationals | | |
| | 11:30-1:30 11:30-1:30 11:30-1:30 All Day 11:30-1:30 11:30-1:30 | | |



2014 POOL FEES

LESSONS

Swimming lessons for all abilities are available for students year-round from ages 6 months through senior citizens. Pre-tests are held free of charge to determine proper class level placement. Specialty courses are offered including: CPR, First Aid, Lifeguard Training and Water Safety Instructor training. Private and semi-private lessons are offered on a very limited basis. Please call for the class schedule and registration information.

GENERAL ADMISSION (Tax Included)

| Recreation Pool: | | Competition Pool: | |
|----------------------------------|--------|-------------------------------------------|---------|
| Rec Pool Family Swim** | | Comp Pool Lap Swim | \$5.00 |
| All participants | \$3.25 | Sr Citizen (62+) \$ People w/Disabilities | \$3.75 |
| Public Swim** | | | |
| Children, Adults & Sr Citizens | \$3.25 | | |
| People w/Disabilities | \$3.25 | | |
| Rec Pool Adult & Senior Lap Swim | | | |
| Adult | \$5.00 | Low Impact Water Exercise (Rec Pool) | |
| Sr Citizen (62+) & Disabled | \$3.75 | Adult \$6.25 - 10-visit Card | \$56.25 |
| Shower | \$3.25 | Sr Citizen (62+) \$4.75 - 10-visit Card | \$42.75 |

RENTALS

| Great for birthday parties, p | rivate groups and b | ousiness meetings. Scheduled during non- | program hours. |
|-------------------------------|---------------------|------------------------------------------|------------------------------------|
| Rec Pool, 1-25 people | \$115.00/hour | Party Room Rental | \$37.00/hour |
| Rec Pool, 26-60 people | \$145.00/hour | Lobby Rental | \$89.00/hour + staffing & deposits |

POOL PASSES

Save money while you swim! Swim at least three times per week to save money. Passes make great gifts.

| Туре | 3 Months | 1 Year |
|-------------------------|----------|----------|
| Youth (1 year-17 years) | \$107.50 | \$312.00 |
| Adult | \$156.75 | \$456.00 |
| Family | \$275.00 | \$650.00 |
| Senior Citizen(62+) | \$107.50 | \$273.00 |
| Disabled | \$100.00 | \$260.00 |

GIFT CERTIFICATES

Give the gift of health! Good for any programs.

TELEPHONE RELAY SERVICE:









^{*} Each child younger than 6 yrs old must each be accompanied in the water by an adult
** All children must be accompanied in the water by an adult during Family Swims (one adult per three children)